

# THE JOY *of* SERVICE

“But be sure to fear the Lord and serve him faithfully with all your heart; consider what great things he has done for you.” - 1 SAMUEL 12:24

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# WELCOME

In a year filled with much despair, your partnership allowed Christ Health to be a haven of healing and hope for more families than ever before.

Your prayer and support helped us achieve new growth, overcome unexpected challenges, and thrive in our purpose: to see the sick made well and the well made whole and living life abundantly.

On behalf of the Board of Directors and staff of Christ Health, thank you for making 2021 such an extraordinary year. It was a JOY and honor to serve beside you.

Brant McDuffie  
Chairman  
Christ Health Center



In 2020, you helped us renovate this medical bus to bring care to homebound neighbors—  
Thank you!



## 2021 NUMBERS

  
**48,337**  
MEDICAL VISITS  
▼ 2,913 SINCE 2020

  
**18,471**  
UNIQUE PATIENTS  
▼ 3,029 SINCE 2020

  
**26,489**  
PRESCRIPTIONS FILLED  
▲ 2,141 SINCE 2020

  
**8,318**  
MENTAL HEALTH VISITS  
▲ 1,054 SINCE 2020

  
**4,639**  
COVID TESTS  
▼ 6,781 SINCE 2020

  
**13,421**  
COVID VACCINATIONS  
▲ 2,141 SINCE 2020

  
**\$2,625,149**  
SAVED IN RX COST BY PATIENTS  
▼ \$625,661 SINCE 2020

# Center for Servant Leadership



We never cease to be amazed by the walking miracles who pass through our doors.

Neighbors like Mildred (featured on our cover) have brought us to happy tears this year. They've inspired us to live more abundantly and dream boldly about our future. One way in which we're moving forward is through our Center for Servant Leadership, a new building we acquired and renovated in Woodlawn this year. The Center for Servant Leadership is a training hub for our ministry and has allowed us to centralize services like reception, referrals and medical record keeping. Creating a home for these team members has increased efficiency and brought our clinical spaces closer to the oasis of peace for patients we always intended them to be.

Beyond the amazing work happening directly in our Center for Servant Leadership, it has opened room for clinical growth. We'll soon start major renovations on both our primary care sites that will allow us to provide 15,000 more appointments each year and create a built environment that communicates value to every neighbor who comes to us for care.

MILDRED

# A JOURNEY *of* HOPE

Mildred lived with her parents in Santa Rosa Copan, Honduras. Her daughter was born prematurely, and the baby's father abandoned them. It was very hard to make ends meet as a single mom, so Mildred decided to come to the United States.

In April of 2021, Mildred traveled from Honduras to Mexico with her infant daughter. She walked for almost six days with little food and water. She didn't realize it at the time, but Mildred was pregnant with her son on the journey.

Once she reached Mexico, Mildred paid a coyote to float her and her infant daughter across the border. Family in the states helped them make their way to Houston, North Carolina and finally Alabama. Knowing she needed medical attention, Mildred's aunt made her an appointment at Christ Health in Chalkville. Dr. Newton determined that Mildred was 8 to 9 months pregnant, and she gave birth to her son soon after at St. Vincent's Hospital downtown.

Christ Health gifted Mildred with diapers, clothing, car seats, strollers, blankets — everything she needed to care for her babies while she started a new life. She says she is very blessed to have found Christ Health and will continue to visit the clinic. She misses her family back in Honduras but is looking forward to a brighter future.



**“It was so scary floating in the river with my baby. I didn't know what would happen to us.”**



“I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me.”  
- MATTHEW 25: 35



“The Lord is near to the brokenhearted and saves the crushed in spirit.”

- PSALM 34:18

MARCIA

# KEEPING *the* FAITH

Marcia’s husband, a church deacon, passed away in May of 2018. Three days later, her house burned down, and she was in a serious car accident in February of 2019. She left the hospital with a shattered ankle and steel rod in her leg. The doctors were skeptical she would ever walk again.

“I felt like I was drowning,” she said. “I would stay up all night and only go to sleep when mom woke up in the morning — I knew she was a nurse and wouldn’t let me die.” Marcia had severely abused alcohol for years, but decided to stop after the accident. However, in September of 2019, she was diagnosed with stage 4 cirrhosis of the liver.

On a friend’s advice, she went to see Dr. Rogers at Christ Health in Chalkville. He told Marcia, “I can help you, but you’re going to help yourself

first.” Dr. Rogers created a treatment plan for her and helped Marcia understand how to monitor her sodium intake. She began to watch her diet, and most importantly, began to hope again.



Marcia with her mother



“I didn’t want to tell anyone I had cirrhosis – now I want to tell everyone there’s hope.”



# Christ Health

5720 FIRST AVENUE SOUTH  
BIRMINGHAM, AL 35212



## Oh, baby! We're expanding our obstetric care.

**Good news – we plan to increase the number of OB patients we can see each year to 150!** But we need new ultrasound machines to help us identify and treat high-risk pregnancies more effectively. More advanced equipment will help us decrease referrals to outside imaging centers, cut out-of-pocket costs for patients and recruit top-tier family medicine residents. Will you help us help more moms and babies?



### Ultrasound Equipment:

\$41,201 (Desktop Ultrasound System)

\$25,762 (Mobile Ultrasound System)

Total: **\$66,963**

[ChristHealthCenter.org/Donate](https://christhealthcenter.org/Donate)

You're invited to donate the following gently used and/or new baby items:

- Strollers
- Baby Socks
- Pack & Plays
- Swaddle Blankets
- Baby Baths
- Onesies and Sleepers
- Bottles

### Drop off location:

Christ Health Woodlawn  
Monday - Friday, 9:00 am - 5:00 pm

[christhealthcenter.org](https://christhealthcenter.org)

## Building a future of hope.

In 2022, we expect to start major renovations to both of our primary care sites to create more exam rooms. In fact, we hope to add 15,000 more appointments per year! Will you join us in this important mission?

### Renovations:

Total Cost for Chalkville is **\$2.5 million**

Cost for Woodlawn is **\$1.7 million**

### OUR FIRST \$1 MILLION OF THE TOTAL GOAL!



**\$700k**  
already raised